



DOCTOR  
FELICITY  
SKIN & AESTHETICS

# INTRADERMOLOGY SKINCARE AT A GLANCE



# WHY IS INTRADERMOLOGY DIFFERENT?



- Intradermology is a revolutionary new specialism redefining the science and aesthetic of the skin
- Intradermology uses next generation technology to deliver clinically proven active ingredients to effectively treat the most common skin concerns
- Unique and exclusive to the UK market - ultrasound technology; Intradermology also uses liposomal technology; hydroxysomal technology , TRI-RET Complex<sup>TM</sup>



CLEANSE AND  
PREP  
4 x products



HEAL AND  
HYDRATE  
4 x products



SMOOTH &  
MOISTURISE  
2 x products



NIGHT REPAIR  
3 x products



PROTECT AND PREVENT  
2 x products

# Glycolic Wash

Glycolic Wash is an active resurfacing facial cleanser designed to improve the visible signs of skin ageing and superficial pigmentation.

Using 4% glycolic acid, the cleanser effectively helps to brighten the complexion and helps to stimulate collagen.



£45

# Lactic Wash

Lactic Wash is an active facial cleanser designed to revitalise the skin and to improve the appearance of dull, dry, uneven or tired skin.

Using 2% lactic acid, this wash can help to restore the skin's barrier function and improve skin tone.



£45

Cleansing removes make up and surface dirt but also removes environmental pollutants that cause free radical damage and reactive oxygen species damage.

Why is this important?

The skin, the outermost barrier of the body, is sensitive to these pollutants and it is frequently exposed to the environment.



# STAGE 1

cleanse & prep

# Salicylic Wash

Salicylic Wash is an active facial cleanser designed for use with water on oily and acne prone skin.

Using 2% salicylic acid, this gently and effectively removes excess oil from the pores.



£45

# Prep & Refresh Toner

Refreshing, smoothing, toner prevents dehydration and aids in rebuilding your skin barrier. It leaves skin feeling healthy and protected as well as prepared, for your active serums and moisturisers.

Aloe vera make this toner suitable for even sensitive skins.



£31

# STAGE 1 CLEANSERS



Dispense a pea-sized amount into the palm of your hand and apply to a wet face.



Gently massage the product over the skin for 30 seconds, avoiding the delicate eye area



Rinse and repeat for a further 30 seconds if required, to achieve optimal cleanse and prep results.



For better results and preparation, use the Prep and Refresh Toner after each wash.



Use once or twice daily.

*\* If irritation develops, try using less product a little less often*

# STAGE 1 PREP & REFRESH TONER



Cleanse your face with a gentle cleanser and pat dry.



Pour a small amount of Intradermology Prep and Refresh Toner onto a cotton pad or your hands



Gently apply the toner to your face and neck, avoiding the eye area.



Allow the toner to fully absorb into the skin



Follow with your preferred Intradermology serums and moisturisers.

## Pep - Up

Powerful combination of peptides, growth factors, amino acids and ceramides to really protect, smooth and sooth an atopic skin.

Skin barrier restoration comes from lipids, cholesterol and ceramides and skin cell healing and communication really heal and regenerate the skin, for improvements in irritated, dry, red skin.

£65



## Boost Up

Rev up your active skincare with this powerful skin care booster. Vitamin C, Vitamin E, omegas and antioxidants designed to boost your regime.

Apply over your vitamin C serum or your retinol night serum for extra benefit or add 2-3 drops to your moisturiser to increase intensity and make it go further.

£59



All skin needs hydration.

Skin can be oily yet poorly hydrated.

Intradermology serums are designed to work at a cellular level to improve the skin barrier function and treat skin issues.

Sonicated HA is used as a base to reduce inflammation in the skin, and peptides, antioxidants, growth factors and vitamins to hydrate and heal the skin.



## STAGE 2

### heal & hydrate

## Vit C & Anhydrous HA

A stabilised, oil soluble vitamin C perfect for dehydrated and dry skin. This oil-based serum brightens the skin and leaves it silky smooth and soft and is perfect for a facial sculpting massage.

£65



## Sonic HA Bright Serum

Experience cutting-edge technology with Sonic HA Bright Serum. Ultrasound technology creates different weights of hyaluronic acid, deeply hydrating and reducing inflammation. 3-O ethyl ascorbic acid at 20% offers antioxidant benefits, and aids collagen synthesis.

£65



# STAGE 2

## PEP UP



Cleanse your face with a gentle cleanser and pat dry



Apply a few drops of the PEP-UP Peptide Complex to your face and neck.



Gently massage the serum onto your skin using upward motions



Allow the serum to absorb for a few minutes before applying moisturiser and sunscreen



Use day and night for best results.

# STAGE 2 BOOST UP SERUM



Apply your vitamin C serum or retinol night serum as usual.



Dispense 2-3 drops of the BOOST-UP active skin care booster onto your fingertips.



Gently tap and press the booster onto your face, focusing on areas of concern.



Alternatively, mix 2-3 drops of the booster with your moisturiser before applying.



Use daily, morning or night, for optimal results.

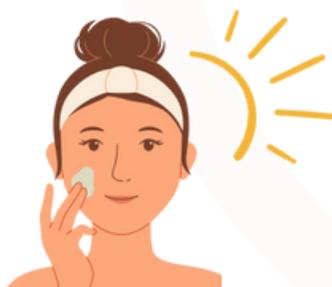
# STAGE 2 DAY SERUM VIT. C & ANHYDROUS HA



Apply a few drops of the day serum to your fingertips



Gently massage the serum onto cleansed face and neck.



For optimal results, use in the morning before applying moisturiser and makeup.



Follow with sunscreen for added protection



Use daily in the morning

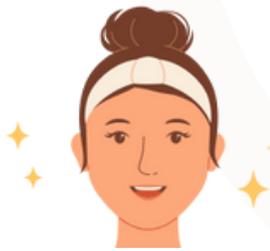
# STAGE 2 SONIC HA BRIGHT WITH 20% VITC SERUM



To a clean dry face, apply a small amount of Sonic HA with Vitamin C onto your fingertips.



Gently massage the product onto your face and neck in circular motions.



Allow the product to fully absorb into the skin.



Follow up with your favourite moisturiser or Synergy 6



Use daily for best results.

# R-VIT Pro Cream

Powerful, moisturising and restoring complex in a rich formulation designed to address the visible signs of skin ageing and promote youthful and healthy-looking skin. The added moisturising properties prevent trans epidermal water loss, improving hydration and skin barrier function. Vitamins C, B3 and B5 work to heal photo damaged skin, increase collagen production, smooth, soothe and even out the complexion.

£65



Moisturisers with active ingredients play a crucial role in maintaining a healthy and youthful complexion as part of a professional skincare regime.

These specialised moisturisers are formulated with ingredients that go beyond hydration, offering additional benefits for your skin.



## STAGE 3

smooth  
& moisturise



# FaCE IT Cream

- Vitamin E - Dimethylmethoxy Chromanol, a mimicking gamma-tocopherol molecule which provides antioxidant shelter and promotes complete detox.
- Vitamin C sodium ascorbyl phosphate as an antioxidant and gentle skin brightening agent
- Ferulic acid, a powerful antioxidant to repair the effects of oxidation, shield from pollution and increase elasticity

£75

# STAGE 3 R-VIT PRO CREAM



Apply a small amount of R-VIT daily moisturiser onto fingertips, using the spatula provided.



Gently massage the cream onto the face and neck until fully absorbed.



Use as a part of your daily skincare routine.



Follow with Synergy 6 during the day for additional protection.



Use daily in the morning

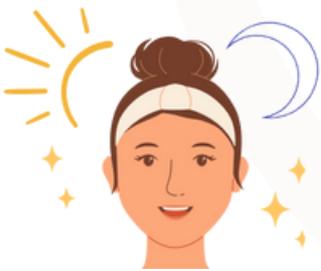
# STAGE 3 FACE-IT CREAM



Apply a small amount of Face-IT daily moisturiser onto fingertips, using the spatula provided



Gently massage the moisturiser onto clean, dry skin.



Use in the morning and evening as part of your skincare routine.



Follow with Synergy 6 during the day for additional protection.

# Restore Night Serum Tri-Ret

A powerful combination of 3 retinoids in a light easy to use hyaluronic acid serum.

Star Ingredients:

- Retinol
- Encapsulated Retinaldehyde
- Hydroxypinacolone Retinoate
- Hyaluronic Acid

£55



# Replenish Tri-Ret Night Cream

Moisturising and replenishing night cream with 3 active retinoids that assist the skin without irritation. Vitamin E is a fat-soluble antioxidant, Shea Butter and Jojoba soothe dry skin and allow the skin barrier to heal whilst the retinoids do the hard work

£55



Night repair creams and serums containing retinoids are ideal for achieving optimal skin health. Retinoids, which are derivatives of vitamin A, have demonstrated numerous benefits for the skin.

These active ingredients promote cell turnover, stimulate collagen production, and reduce the appearance of fine lines and wrinkles.



## STAGE 4 night repair

# Intense Night Repair

Thick, creamy and very luxurious this intense repair complex is designed to moisturise and heal your skin. Ideal for rosacea, dry, irritated, dehydrated skin with poor barrier function this cream will speed up the healing process and restore your skin

£70



# STAGE 4 RESTORE TRI-RET COMPLEX™ NIGHT SERUM



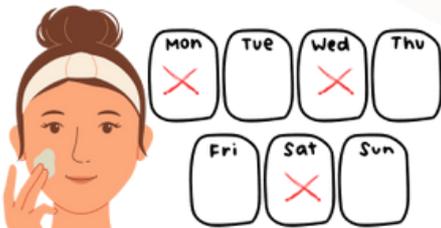
Apply 1-2 pumps of the restore TRI-RET night serum onto your fingertips.



Gently massage the serum onto your face, avoiding the eye area.



Use in the evening, after cleansing and toning, and before moisturising.



Start with: Once or twice a week, then gradually increase to every other night then nightly as tolerated



Use Synergy 6 during the day as retinoids can increase sun sensitivity.

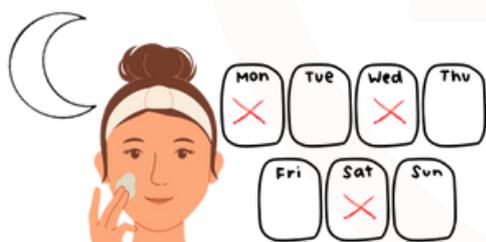
# STAGE 4 REPLENISH TRI-RET NIGHT CREAM



Apply 1-2 pumps of the Restore TRI-RET night cream. Use in the evening, after cleansing and toning.



Gently massage the cream onto your face, avoiding the eye area.



Use on alternate nights to start, then gradually increase to nightly use as tolerated.

Mon	Tue	Wed	Thu
X		X	
Fri	Sat	Sun	
	X		



Use Synergy 6 during the day as retinoids can increase sun sensitivity.

# STAGE 4 INTENSE REPAIR COMPLEX



Apply 1 pump onto fingertips



Gently massage the cream onto the face, focusing on dry and irritated areas.



Use in the evening after cleansing and toning for best results.



Apply Synergy 6 during the day for sun protection.

# Firm & Revive Eye Serum

A light cream full of powerful antioxidants, brightening niacinamide, Vitamin E and cell communicating ingredients to improve the appearance of the delicate eye area

£55



Protecting and preventing skin damage is an essential aspect of any professional skincare regime.

Exposure to harmful UV rays from the sun, pollution, and other environmental stressors can cause serious damage to the skin, leading to premature ageing, fine lines, and wrinkles. Using an effective SPF sunscreen in your skincare routine can help protect skin from UV damage and reduce the risk of skin cancer.



## STAGE 5

protect &  
prevent



## Synergy 6 NX- Gen SPF 50

Harnesses encapsulated technology to minimise the absorption of chemical filters whilst neutralising UV rays. Blends a 3D physical filter with revolutionary technological advancements in environmental filters and infrared screening. Prevents ageing induced by the sun's thermal energy. A powerhouse of antioxidants and peptide elements. Improving cellular health, barrier function and increasing hydration, all leading to a reversal in the appearance of ageing and preventing future damage.

£89

# STAGE 5

## FIRM AND REVIVE EYE SERUM



Apply  $\frac{1}{2}$  pump onto the fingers after cleansing and toning.



Gently massage the cream into your under-eye area using your third finger



Massage the residual cream over the brow bone in an up and outward motion



Massage into the crow's feet for further wrinkles reduction

# STAGE 5 SYNERGY 6 NX-GEN SPF 50



Apply a generous amount of broad-spectrum SPF. Apply to fingertips using the two-finger method (index & middle finger) to ensure adequate coverage for the face and neck.



Gently smooth onto clean, dry skin. Apply evenly over the face, neck, ears, and hairline using light, upward motions. Avoid rubbing excessively.



Use every morning as the final skincare step.

Apply SPF after moisturiser and before makeup, allowing it to absorb fully before layering products.



Reapply during the day for continued protection - every 2/3 hours when exposed to daylight, or use an SPF mist or powder over makeup for maintenance protection.



If you have any questions then please  
WhatsApp +44 7970479352, I'd be  
happy to answer them.

To book please visit [www.dr-felicity.co.uk](http://www.dr-felicity.co.uk)

*Thank you!*

DR FELICITY MCGUIRE